

June 2008

Relax (Take It Easy)

Intermediate

4:30 (cut after 3:43)

124 BPM

Music: Mika (CD: "Life In Cartoon Motion")
Choreo: Daphne Dahl (daphne.dahl@googlemail.com)

Sequence: **A B C Br D A B C* E C* D Ending**

wait 32 beats

Part A: (32 beats)

Fancy Run DS DS(xif) BA(ots) BA(xib) BA(ots) S
L R L R L R

Rocking Chair DS BR UP/H DS RS
L R R L R LR

Cotton Kick KK UP(xif)/H KK UP(unx)/H DS RS
L L R L L R L RL

Fancy Double DS DS RS RS
R R L RL RL

Repeat all above (opposite footwork)

Part B: (24 beats)

Slur Kick DS SLR S(xib) DS KK UP/H
L R R L R R L
&1 & 2 &3 & 4

2 Basic Kick DS KK UP/H
R & L R L L R

Joey DS BA(xib) BA(ots) BA(ots) BA(xib) BA(ots) S
R L R L R L R
&1 & 2 & 3 & 4

Triple DS DS DS RS
L R L RL

Turkey H(ots/w) FLP S(xib) DS RS
R R L R LR
1 & 2 &3 &4

2 Basic DS RS
L & R L RL

Part C: (32 beats)

1/4 L

Mod. Ida Red DT(b) H BR UP/SL DS(xif) BA/H UP/SL DS R(ots) S R(if) S R(ots) S
L R L L R L R L L R L R L R L R L
& 1 & 2 &3 & 4 &5 & 6 & 7 & 8

|---1/4 L---|

Mod. High Horse DT(xif) H DT(unx) H RS BA/H UP/SL DS DS RS RS
R R L R L RL R L L R L R LR LR
& 1 & 2 &3 & 4 &5 &6 &7 &8

Repeat all above as written to face front again.

